



# A Statistical Profile of Older American Indian and Native Alaskans

## INTRODUCTION

In 2014, there were 46.2 million Americans aged 65 and over and 6.2 million aged 85 and over. The number of people aged 65 and older is expected to more than double by 2060 to 98.2 million and the number of people aged 85 and older is expected to triple to 19.7 million. Among the population age 65 and over, there are 127 women for every 100 men. At age 85 and over this ratio increases to 192 women for every 100 men.

## NOW AND THE FUTURE

The non-Hispanic American Indian and Native Alaskan older population was 231,482 in 2014 and is projected to grow to over 630,000 by 2060. In 2014, American Indian and Native Alaskan persons made up 0.5 percent of the older population. By 2060, the percentage of the older population that is American Indian and Native Alaskan is projected to be almost 1 percent.

## CENTENARIANS

In 2014, there were 331 American Indian and Native Alaskans (95 men and 236 women) age 100 years and over. They comprised less than 1 percent of all centenarians.

## RESIDENCE

In 2013, almost 50 percent (107,141) of older American Indian and Native Alaskan lived in just six states: Oklahoma (27,765), Arizona (21,690), California (20,011), New Mexico (15,756), North Carolina (12,143), and Texas (9,776).

## SELF-RATED HEALTH STATUS

During 2011-2013, 23 percent of older American Indian and Native Alaskan men and 30 percent of older American Indian and Native Alaskan women reported very good/excellent health. Among older non-Hispanic whites, this figure was 45 percent for men and 47 percent for women.

## CHRONIC CONDITIONS

Most older persons have at least one chronic condition and many have multiple conditions. Two frequently occurring conditions among older American Indian and Native Alaskans in 2011-2013 were diagnosed arthritis (57 percent) and all types of heart disease (25 percent). The comparable figures for all older persons were diagnosed arthritis (49 percent) and all types of heart disease (31 percent).

## PARTICIPATION IN OLDER AMERICANS ACT (OAA) PROGRAMS

In 2013, State and Area Agencies on Aging provided services to a total of 11.1 million persons aged 60 and older. Consistent with the targeting requirements of the OAA, State and Area Agencies on Aging placed considerable emphasis on services to persons with the greatest social and economic need, including members of racial and ethnic minority groups, especially those who are poor. Among the older persons who received Title III OAA home and community-based registered services, 1.2 percent were American Indian and Native Alaskan.

**NUMBER OF AMERICAN INDIAN AND  
NATIVE ALASKANS AGE 65 AND OVER, BY  
STATE, 2013**

50 States + DC	218,285
Alabama	3,070
Alaska	7,937
Arizona	21,690
Arkansas	2,201
California	20,011
Colorado	2,864
Connecticut	799
Delaware	496
District of Columbia	206
Florida	6,882
Georgia	2,524
Hawaii	277
Idaho	1,750
Illinois	2,057
Indiana	1,649
Iowa	614
Kansas	2,058
Kentucky	1,072
Louisiana	2,953
Maine	777
Maryland	1,733
Massachusetts	1,373
Michigan	5,612
Minnesota	4,072
Mississippi	1,168
Missouri	2,744
Montana	4,418
Nebraska	936
Nevada	2,668
New Hampshire	284
New Jersey	1,690
New Mexico	15,756
New York	6,081

North Carolina	12,143
North Dakota	2,100
Ohio	2,582
Oklahoma	27,765
Oregon	4,427
Pennsylvania	2,153
Rhode Island	530
South Carolina	1,972
South Dakota	4,117
Tennessee	2,234
Texas	9,776
Utah	1,654
Vermont	250
Virginia	2,676
Washington	8,035
West Virginia	544
Wisconsin	4,060
Wyoming	845

*Principal sources of data for this Profile are the most current information available from the U.S. Census Bureau and the National Center for Health Statistics as of September 30, 2015.*

**FOR MORE INFORMATION**

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