

Mississippi State Department of Health Chronic Disease Self-Management Education Program Grantee



Goals, Strategies, and Activities

The overall purposes of this two-year grant are to:

- Significantly increase the number of participants in evidence-based self-management education and support programs; and
- Implement innovative funding arrangements to support the proposed programs, while embedding the programs into an integrated, sustainable program network.

The Mississippi State Department of Health (MSDH) and its partners will:

- Increase the number of individuals enrolled in the Chronic Disease Self-Management Program (CDSMP), a six-session, community-based workshop offered in English and Spanish to help adults manage chronic conditions, improve their quality of life, and lower their health care costs;
- Expand outreach to all 82 counties in Mississippi (MS), with a focus on the Area Agency on Aging (AAA) regions;

- Increase program capacity by establishing a training and network center, a statewide partner network, and a web-based referral portal; and
- Facilitate reimbursement of chronic disease self-management education (CDSME) through collaboration with the MS Division of Medicaid and Medicare, Blue Cross Blue Shield of MS, and health care management organizations.

Proposed Interventions

- Chronic Disease Self-Management Program
- Tomando Control de su Salud (Spanish version of CDSMP)

Partnerships

To achieve the goals of the grant, MSDH will collaborate with the following key partners:

- MS Department of Human Services Division of Aging and Adult Services
- Area Agencies on Aging
- MS Primary Health Care Association
- MS Council on Developmental Disabilities
- MS Department of Rehabilitation Services
- MS Department of Mental Health and Community Mental Health Centers



- MS Veterans Administration Medical Center
- MS Institute for Disability Studies
- MS Division of Medicaid and Medicare
- Blue Cross Blue Shield of MS
- Diabetes Coalition of MS
- MS Public Employees Retirement System
- WellCare Health Plans, Inc.
- The following MS Department of Health programs:
 - Coordinated Chronic Disease Prevention and Health Promotion
 - Comprehensive Cancer Control
 - Diabetes Prevention and Control
 - Heart Disease and Stroke Prevention
 - Injury and Violence Prevention
 - School and Community Health
 - State Employee Wellness
 - Office of Health Disparity Elimination
- A diverse array of other organizations, including the MS Band of Choctaw Indians, Federally Qualified Health Centers, hospitals, independent living facilities, adult daycare centers, churches, and health care management organizations
- Achieve a 75% completion rate in CDSMP workshops;
- Increase the number of older adults and adults with disabilities who participate in CDSMP programs, especially low-income and limited English speaking persons, and members of minority groups;
- Increase the number of counties offering CDSMP workshops, the number of workshops offered, and the number of training opportunities for CDSMP leaders and master trainers;
- Increase knowledge of chronic disease self-management among program participants;
- Increase reimbursement for CDSMP workshops; and
- Increase the number of organizations that embed CDSMP into their infrastructure.

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For more information:

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Anticipated Results

The MSDH and its partners propose to achieve the following results:

- Recruit more than 2,500 individuals to participate in CDSMP;

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