



## **Evidence-Based Disease and Disability Prevention Program & Recovery Act Chronic Disease Self-Management Program**

### **Florida State Profile**

The Evidence-Based Disease and Disability Prevention Program increases older adults' access to effective interventions that helps to reduce their risk of disease, injury, and disability. In 2010, the Recovery Act Chronic Disease Self-Management Program expanded state-led partnerships involving the aging and public health networks to implement evidence-based prevention programs at the community level that help older adults better manage their chronic diseases. This profile provides a brief synopsis of how each state and community organizations are delivering evidence-based prevention programs to meet the needs of the older adults and communities they serve.

The Evidence-Based Disease and Disability Prevention Program grant and the Recovery Act Chronic Disease Self-Management Program grant were awarded to the Florida Department of Elder Affairs. These programs are offered in collaboration with the Florida Department of Health.

**If you would like to learn more about evidence-based programs offered in your area, please contact:**

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### **Evidence-Based Programs Offered**

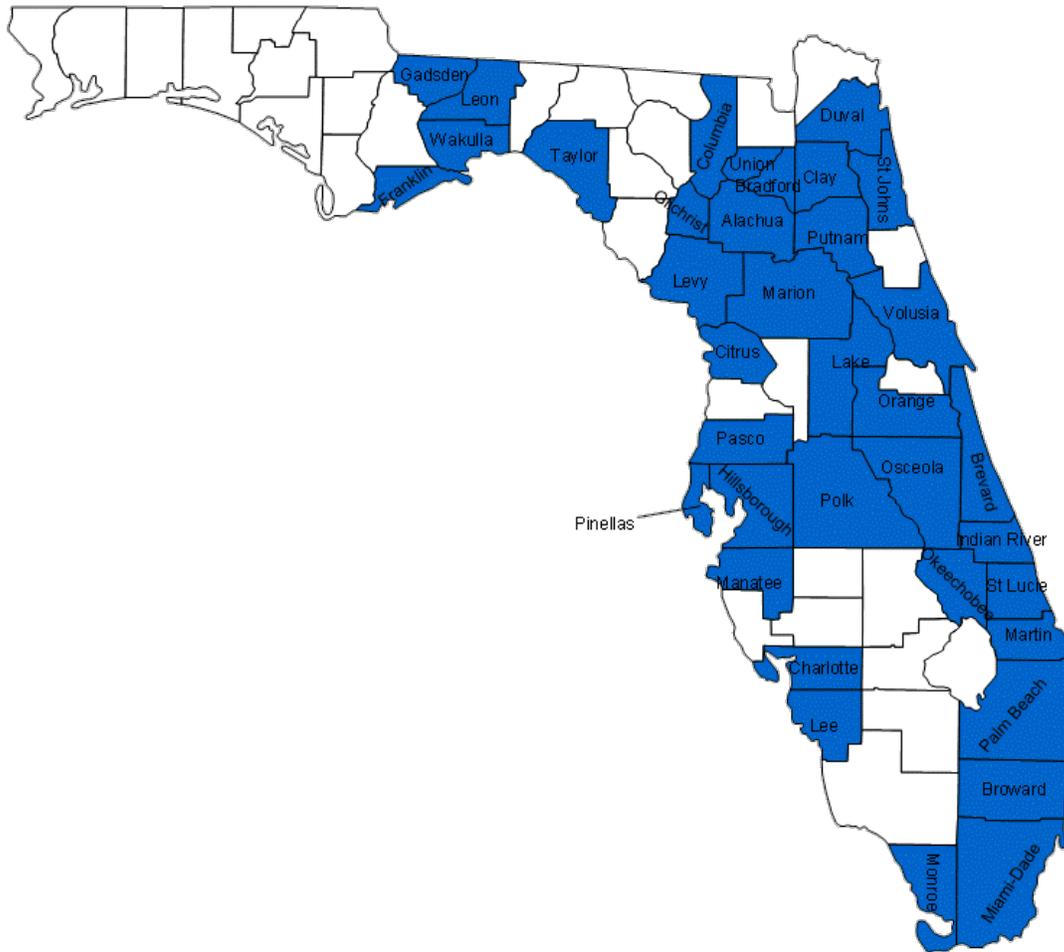
- Chronic Disease Self-Management Program (CDSMP)
- Diabetes Self-Management Program (DSMP)
- Tomando Control de su Salud (Spanish CDSMP)
- A Matter of Balance (MOB)
- Enhance Fitness (EF)

### **Statewide Program Reach (as of September 30, 2011)**

<b>Program Name</b>	<b>Number of Implementation Sites</b>	<b>Number of Program Participants</b>
CDSMP & DSMP	339	6,159
MOB	164	3,585
EF	96	3,597

- Programs are offered in settings such as Area Agencies on Aging, healthcare organizations, residential facilities, senior centers, and multi-purpose social services organizations.

### Counties Offering Evidence-Based Programs



**To find out more information about the state’s Evidence-Based Disease and Disability Prevention Program grant and the state’s Recovery Act Communities Putting Prevention to Work: Chronic Disease Self-Management Program grant, contact:**

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