

MICHIGAN CHRONIC DISEASE SELF-MANAGEMENT EDUCATION



Goals, Strategies, and Activities

The overall purpose of this cooperative agreement is to increase access to evidence-based chronic disease self-management education programs for older adults and adults with disabilities. The Michigan Office of Services to the Aging and the Department of Community Health will develop partnerships with organizations to embed CDSME into their ongoing operations.

Partnerships

Michigan will recruit and partner with the mental health system, agencies serving people with physical disabilities who have been underrepresented, and area agencies on aging to reach individuals with disabilities, tribal entities, low-income adults, and those with a lack of access to health care.

Key Components

Michigan will create a technology-based centralized recruitment, intake, referral, and registration/enrollment process. It will also coordinate with ADRCs to provide “no wrong door/single entry point.” A quality assurance program will be developed and used to ensure continuous quality improvement.

Anticipated Results

- Michigan seeks to have 8,750 completers over the course of three years.
- Participation by adults with disabilities, tribal entities, and low-income older adults and those with a lack of access to health care is expected to increase by 10%.
- The Chronic Disease Self-Management Program, Diabetes Self-Management Program, and Chronic Pain

Acronyms

AAA – Area Agency on Aging
ADRC – Aging and Disability Resource Center
CDSME – Chronic Disease Self-Management Education

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Self-Management Program will be offered to older and/or disabled adults with chronic conditions.

For more information about ACL

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