

## **Charter of Rights and Needs of Elderly Women**

### **Art. 1**

Elderly women have the right to the full realisation of their person according to non-discriminatory principles and equal opportunity, in any of the economic, social and cultural contexts in which she lives.

### **Art. 2**

Elderly women have the right to the full administration of their free choice in the family, in society, in the community and in their place of residence, without restraints to pre-determined and imposed roles.

### **Art. 3**

Elderly women have the right to promote their cultural level through personally chosen instruments and permanent education systems.

### **Art. 4**

Elderly women have the right to the respect of their dignity, their sexuality and their seniority, terminating every action that damages their image and value.

### **Art. 5**

Elderly women have the right to health and to the promotion of the best physical and psychological conditions possible, without prejudicial reductions or deprivation or opportunity, prevention and treatment.

### **Art. 6**

Elderly women have the right to dignified economic conditions and income (salary, pension, etc) that allow them to achieve their life project regardless of their civil status or profession.

### **Art. 7**

Elderly women have the right to their personal safety and protection, through specific provisions aimed at preventing and repressing crime that assails them.

### **Art. 8**

Elderly women have the right to live the life of work, social and cultural relationships; to dedicate themselves to economic, solidarity and voluntary activities, to circulate freely; to use their leisure time and holidays to the best of their advantage.

### **Art. 9**

Elderly women have the right to non-discriminatory treatment associated with age and gender regarding protective insurance, welfare, health insurance and legal regulations

### **Art. 10**

Elderly women have the right to assistance, social services and health services that have particular correlation to situations of hardship associated to their age and womanhood.